

**COOL RUNNINGS TRACK & FIELD CLUB
SUMMER ONLY REGISTRATION**

Family Last Name _____ Date: _____
Address _____ Phone: _____
City _____ State _____ Zip _____

****Parent/Guardian #1 Name** _____
Phone (H) _____ (W) _____ (C) _____
Place of Employment _____
Email _____

****Parent/Guardian #2 Name** _____
Phone (H) _____ (W) _____ (C) _____
Place of Employment _____
Email _____

1. Athlete Name _____ Age _____ Gender M F
Date of Birth _____ Grade (18-19) _____ **School (18-19)** _____
Phone (C) _____ Email _____

Level of Fitness and Activities:

_____ On a scale of 1-10 with 10 being the MOST Fit, rate your child's level of fitness.
_____ Participates in school track program: _____ Cross Country _____ Track
_____ Beginning Runner _____ Experienced Runner (Has competed)

Interested in training for: _____ Conditioning Only _____ Summer Competition

Events interested in training for (Subject to Coach Art approval):

_____ 3200m _____ 1600m _____ 800m _____ 400m _____ 200m
_____ 100m _____ 50m (Under 8 only) _____ 80m hurdles (12 Under only)
_____ 100/110m hurdles _____ 300m hurdles _____ Discus _____ Shot Put
_____ Pole Vault _____ Triple Jump _____ Long Jump _____ High Jump
_____ 4 x 100m or 4 x 400m relays

2. Athlete Name _____ Age _____ Gender M F
Date of Birth _____ Grade (18-19) _____ **School (18-19)** _____
Phone (C) _____ Email _____

Level of Fitness and Activities:

_____ On a scale of 1-10 with 10 being the MOST Fit, rate your child's level of fitness.
_____ Participates in school track program: _____ Cross Country _____ Track
_____ Beginning Runner _____ Experienced Runner (Has competed)

Interested in training for: _____ Conditioning Only _____ Summer Competition

Events interested in training for (Subject to Coach Art approval):

_____ 3200m _____ 1600m _____ 800m _____ 400m _____ 200m
_____ 100m _____ 50m (Under 8 only) _____ 80m hurdles (12 Under only)
_____ 100/110m hurdles _____ 300m hurdles _____ Discus _____ Shot Put
_____ Pole Vault _____ Triple Jump _____ Long Jump _____ High Jump
_____ 4 x 100m or 4 x 400m relays

3. Athlete Name _____ Age _____ Gender M F
Date of Birth _____ Grade (18-19) _____ School (18-19) _____
Phone (C) _____ Email _____

Level of Fitness and Activities:

_____ On a scale of 1-10 with 10 being the MOST Fit, rate your child's level of fitness.
_____ Participates in school track program: _____ Cross Country _____ Track
_____ Beginning Runner _____ Experienced Runner (Has competed)

Interested in training for: _____ Conditioning Only _____ Summer Competition

Events interested in training for (Subject to Coach Art approval):

_____ 3200m _____ 1600m _____ 800m _____ 400m _____ 200m
_____ 100m _____ 50m (Under 8 only) _____ 80m hurdles (12 Under only)
_____ 100/110m hurdles _____ 300m hurdles _____ Discus _____ Shot Put
_____ Pole Vault _____ Triple Jump _____ Long Jump _____ High Jump
_____ 4 x 100m or 4 x 400m relays

4. Athlete Name _____ Age _____ Gender M F
Date of Birth _____ Grade (18-19) _____ School (18-19) _____
Phone (C) _____ Email _____

Level of Fitness and Activities:

_____ On a scale of 1-10 with 10 being the MOST Fit, rate your child's level of fitness.
_____ Participates in school track program: _____ Cross Country _____ Track
_____ Beginning Runner _____ Experienced Runner (Has competed)

Interested in training for: _____ Conditioning Only _____ Summer Competition

Events interested in training for (Subject to Coach Art approval):

_____ 3200m _____ 1600m _____ 800m _____ 400m _____ 200m
_____ 100m _____ 50m (Under 8 only) _____ 80m hurdles (12 Under only)
_____ 100/110m hurdles _____ 300m hurdles _____ Discus _____ Shot Put
_____ Pole Vault _____ Triple Jump _____ Long Jump _____ High Jump
_____ 4 x 100m or 4 x 400m relays

5. Athlete Name _____ Age _____ Gender M F
Date of Birth _____ Grade (18-19) _____ School (18-19) _____
Phone (C) _____ Email _____

Level of Fitness and Activities:

_____ On a scale of 1-10 with 10 being the MOST Fit, rate your child's level of fitness.
_____ Participates in school track program: _____ Cross Country _____ Track
_____ Beginning Runner _____ Experienced Runner (Has competed)

Interested in training for: _____ Conditioning Only _____ Summer Competition

Events interested in training for (Subject to Coach Art approval):

_____ 3200m _____ 1600m _____ 800m _____ 400m _____ 200m
_____ 100m _____ 50m (Under 8 only) _____ 80m hurdles (12 Under only)
_____ 100/110m hurdles _____ 300m hurdles _____ Discus _____ Shot Put
_____ Pole Vault _____ Triple Jump _____ Long Jump _____ High Jump
_____ 4 x 100m or 4 x 400m relays